

EXPRESS 'HAPPY HOUR' MENU

Happy Hour? Ours is served every day all through lunch and early evening.
£7.50 main course, £11.25 for 2 courses or £14.50 for 3 courses of amazing fresh food
Don't forget to ask about today's 5.95 chef special, served alongside this menu

STARTERS

ZUPPA TOSCANA (VGN, NGI) cream of red pepper, tomato & basil soup with beans & rice, served with bread (not GF)

BRUSCHETTA DI CAPRA (V) Tangy goats cheese, red onion marmalade and a drizzle of honey

EXPRESS DOUGH STICKS (V) baked with cheese & garlic with a sweet tomato dip

BUDINO NERO Breaded black pudding, red onion marmalade & sweet honey mustard sauce

EXPRESS CHEESY BREAD (V) Homemade garlic bread toasted with mozzarella

MAIN COURSE

Our Happy Hour Pizza are hand crafted daily and hand rolled to 10 inches then topped with fresh, light tomato sauce & 100% mozzarella
They're also available **LEGGERA** (smaller with salad. Lose the calories but not the flavour!) or for £2 surcharge, XL thin Romana base

PIZZA MARGHERITA (V) with 100% mozzarella cheese (add up to 2 toppings free of charge)

PIZZA DIAVOLA hot spiced pizza with bacon, cheese, jalapenos, chilli & pepperoni

PIZZA AL POLLO garlic butter, tomato, chicken, peppers and mozzarella

CHICKEN & CHORIZO PIADINA folded, stuffed, thin flatbread (like an Italian quesadilla) baked with mozzarella. Served with salad

HOMEMADE BURGER 200gs of Cumbrian beef, handmade bun, chips & tomato dip. Make it Italian with mozzarella & pepperoni for 1.50

PATATAS MESSICANA (NGI, VOA) seasoned potatoes topped with cumin spiced beef chilli with beans baked under cheese & bacon bits

CREPELLE (V) Stuffed pancake with sun dried tomatoes, spinach & goats cheese baked in tomato & cheese

SPAGHETTI CALABRESE (VOA) delicious dish of pasta tossed with broccoli florets, chilli, crushed anchovies, olive oil and pesto

ROAST PEPPER RISOTTO (VGN, NGI) red onions, sun dried tomatoes, basil, olives & spices

PENNE VESUVIO (V) Baked in creamy tomato sauce with our handmade nut free pesto & cheese

FUSILLI ARRABBIATA (V) meaning 'Angry,' this is a hot, spicy tomato sauce. (Add extra chicken or bacon for 85p)

PENNE AMATRICIANA Traditional spiced pasta dish from Amatrice with smoked bacon, red wine and tomato. Not too spiced

CHICKEN RISOTTO (NGI) creamy chicken and Italian Arborio rice with peppers, onions & mushrooms

SPAGHETTI BOLOGNESE or CARBONARA

LASAGNE BOLOGNESE

CANNELLONI (beef & spinach stuffed crepe cannelloni baked with cheese in tomato sauce)

SPAGHETTI AGLIO, OLIO e PEPPERONCINO (VGN) Simple traditional dish of spaghetti tossed with chilli, garlic & olive oil

#Upgrade to the following main courses for only £5 extra.

#**CUMBRIAN PORK** Tender slow cooked pork medallion, black pudding, creamy honey mustard sauce & crushed garlic potatoes

#**TAGLIATELLE AL POLLO** simple tossed egg tagliatelle with chicken breast pieces, pancetta, mushrooms, butter & rosemary

#**KING PRAWN THERMIDOR** Peeled & sautéed in onion, mushroom, brandy, mustard & cream sauce with pasta (NGI if with rice)

#**SICILIAN 'CAPONATA'** (VGN, NGI) Sicilian aubergine 'stew' with tomatoes, peppers, red onions, olives, capers and a dash of white balsamic for a delicious sweet and sour kick. We serve ours on a bed of Arborio rice

#**BARBACOA** XL thin Romana base, barbecue sauce, pulled pork, prosciutto, chorizo, smoked bacon & mozzarella. Pretty Ham-azing

HANDMADE DESSERTS (we also have a choice of delicious Dairy Free Ice Cream & vegan desserts should you require it)

CHEESECAKE Crumbly biscuit & dreamy cheesecake topped with a choice of caramel, red berries, lemon or white chocolate V

A LITTLE MESSY a mini Eton mess with whipped cream, crushed meringue, Ice cream and berries V, NGI

GOOEY TRIPLE CHOCOLATE BROWNIE in hot chocolate sauce with cream (ice cream £1 extra) V, NGI

BLUE CHEESE & BISCUITS an individual plate of creamy Dolcelatte Blue cheese & cream crackers

DIGESTIVO not hungry? end your meal the Italian way with a glass of Liqueur; choose Limoncello, Creme de Menthe or Amaro Averna

V= vegetarian VOA= Veg option available VGN= Vegan/Dairy free NGI= Non Gluten ingredients. All weights are uncooked